

Osnovne pretraživačke strategije

Koraci u pretraživanju literature

Peto predavanje

Osnovne pretraživačke strategije

- Primarni izvori:
 - Originalni i pregledni članci (radovi) iz časopisa koji postoje u odgovarajućoj istraživačkoj oblasti
 - Doktorske disertacije i magistarske teze (teže dostupne)

Osnovne pretraživačke strategije

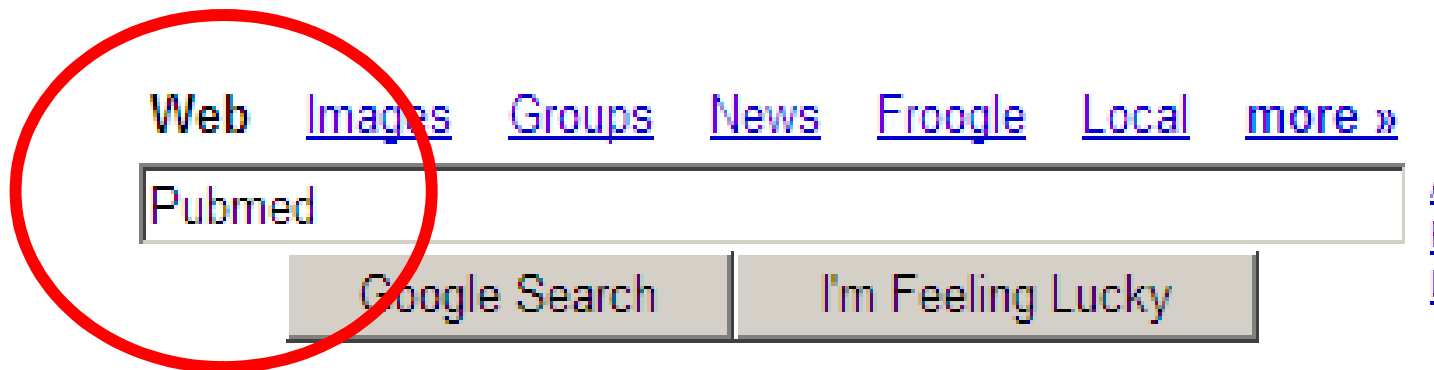
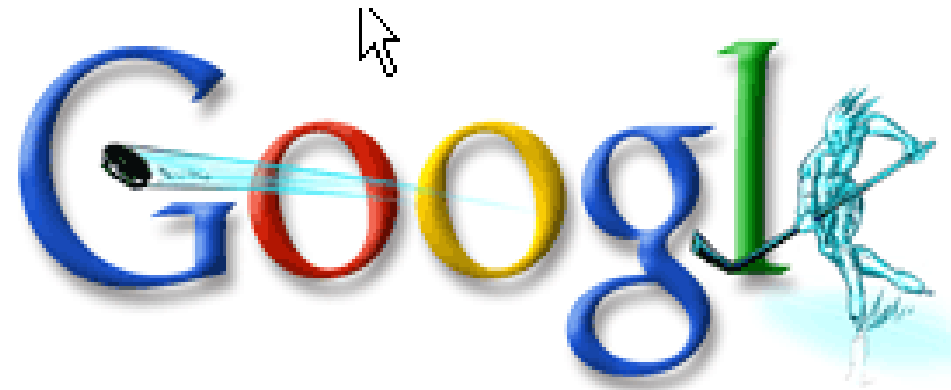
- Sekundarni izvori:
 - Izvor podataka o istraživanjima u kojima je autor sabrao i opisao prethodna istraživanja koja se odnose na odgovarajući problem

Osnovne pretraživačke strategije

Preliminarni izvori:

- sažetci i indeksi (indeksne baze)

Pregled literature



Pregled literature

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National Library of Medicine / National Institutes of Health. Offers many important databases (**PubMed**, GenBank, OMIM) and some tools.

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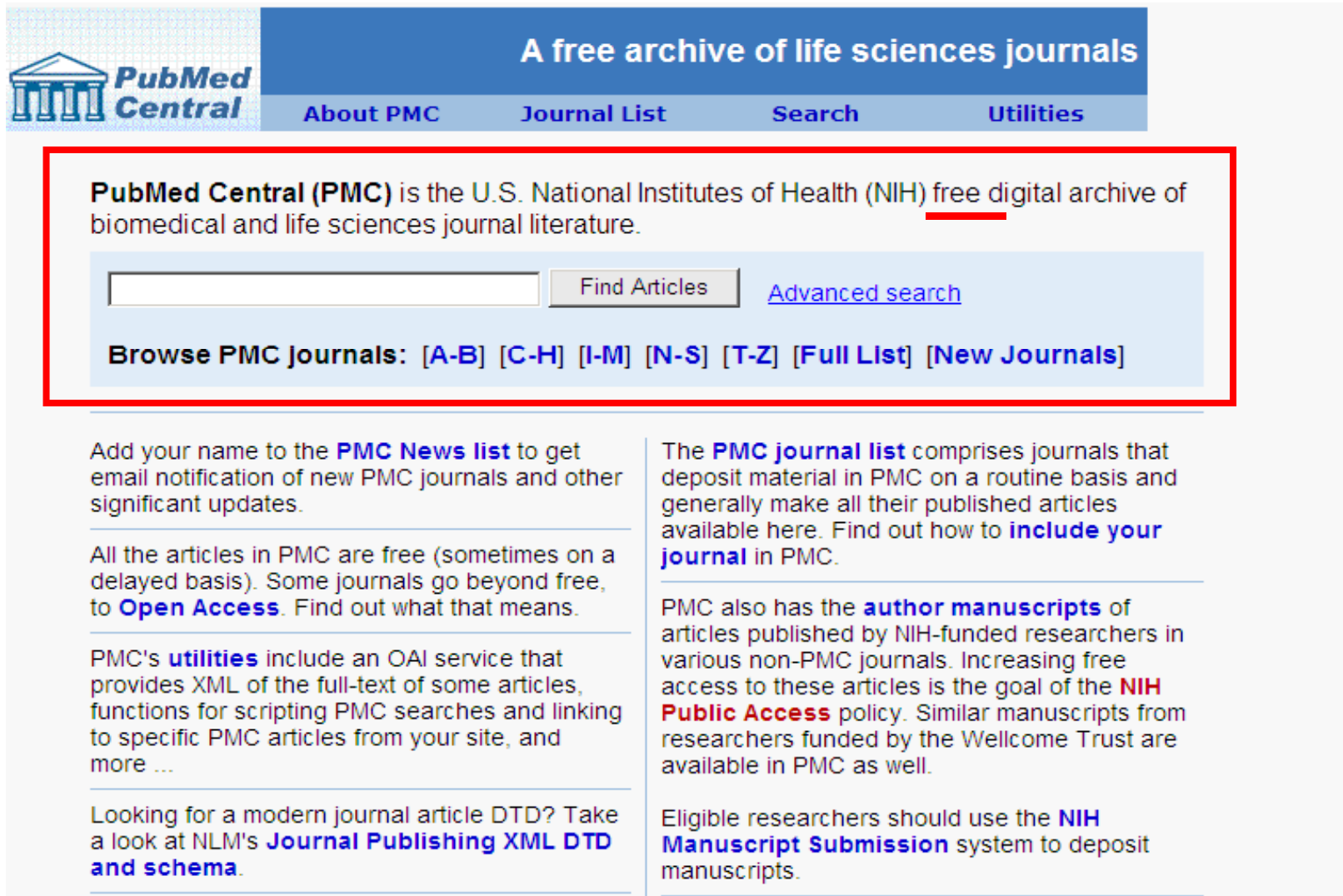
[PubMed Tutorial - Overview](#)

Web-based learning program that will show how to search **PubMed**. Developed by National Library of Medicine (NLM). Updated October 2002.

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Pregled literature



The image shows a screenshot of the PubMed Central website. At the top left is the PubMed Central logo, which includes a classical building icon and the text "PubMed Central". To the right of the logo is a blue navigation bar with the text "A free archive of life sciences journals" and four menu items: "About PMC", "Journal List", "Search", and "Utilities". Below the navigation bar is a red-bordered box containing the following text: "PubMed Central (PMC) is the U.S. National Institutes of Health (NIH) free digital archive of biomedical and life sciences journal literature." Below this text is a search interface with a text input field, a "Find Articles" button, and a link to "Advanced search". Below the search interface is a section titled "Browse PMC Journals:" followed by links for "[A-B]", "[C-H]", "[I-M]", "[N-S]", "[T-Z]", "[Full List]", and "[New Journals]". Below the red-bordered box are four columns of text providing additional information about PMC, including a "PMC News list" for email notifications, details about free and Open Access articles, a list of "utilities" like OAI and XML services, and information about the "Journal Publishing XML DTD and schema". To the right of these columns are two more columns of text: one describing the "PMC journal list" and its deposit material, and another describing "author manuscripts" and the "NIH Public Access" policy. At the bottom right, there is a section about the "NIH Manuscript Submission" system for depositing manuscripts.

PubMed Central (PMC) is the U.S. National Institutes of Health (NIH) free digital archive of biomedical and life sciences journal literature.

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Items 1 - 20 of 61020 Page 1 of 3051 Next

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- 3: [Cambron JA, Dexheimer J, Coe P.](#) Related Articles, Links
Changes in blood pressure after various forms of therapeutic massage: a preliminary study. *J Altern Complement Med.* 2006 Jan-Feb;12(1):65-70. PMID: 16494570 [PubMed - in process]
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Lateral meniscus repair in a professional ice hockey goaltender: a case report with a 5-year follow-up.
J Sport Rehabil. 2006 Feb;26(2):100-103.

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<input type="checkbox"/> agility	19 days ago	Monthly
<input type="checkbox"/> Physical Education	19 days ago	No Schedule
<input type="checkbox"/> "Field tests", reliability	20 days ago	Monthly
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Limits: **Publication Date from 1990 to 2006, Practice Guideline, Humans**

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All: 7 Review: 0

Items 1 - 7 of 7 One page.

1: [Stratton G, Jones M, Fox KR, Tolfrey K, Harris J, Maffulli N, Lee M, Frostick SP: REACH Group.](#) Related Articles, Links

BASES position statement on guidelines for resistance exercise in young people.
J Sports Sci. 2004 Apr;22(4):383-90. No abstract available.
PMID: 15161112 [PubMed - indexed for MEDLINE]

2: [Carson JD, Bridges E: Canadian Academy of Sport Medicine.](#) Related Articles, Links

Abandoning routine body composition assessment: a strategy to reduce disordered eating among female athletes and dancers.
Clin J Sport Med. 2001 Oct;11(4):280. No abstract available.
PMID: 11753068 [PubMed - indexed for MEDLINE]

3: [Hass CJ, Feigenbaum MS, Franklin BA.](#) Related Articles, Links

Prescription of resistance training for healthy populations.
Sports Med. 2001;31(14):953-64.
PMID: 11735680 [PubMed - indexed for MEDLINE]

4: [Boraita Perez A, Bano Rodrigo A, Berrazueta Fernandez JR, Lamiel Alcaine R, Luengo Fernandez E, Manonelles Marqueta P, Pons I de Beristain C.](#) Related Articles, Links

[Clinical practice guidelines of the Spanish Society of Cardiology for physical activity in patients with cardiac disease]

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8: [Faigenbaum AD.](#)

[Related Articles, Links](#)



Strength training for children and adolescents.
Clin Sports Med. 2000 Oct;19(4):593-619. Review.
PMID: 11019731 [PubMed - indexed for MEDLINE]

9: [Kostka T.](#)

[Related Articles, Links](#)



[Resistance (strength) training in health promotion and rehabilitation]
Pol Merkurusz Lek. 2002 Dec;13(78):520-3. Review. Polish.
PMID: 12666456 [PubMed - indexed for MEDLINE]

10: [\[No authors listed\]](#)

[Related Articles, Links](#)



SMA statement the benefits and risks of exercise during pregnancy. Sport Medicine Australia.
J Sci Med Sport. 2002 Mar;5(1):11-9. Review.
PMID: 12054382 [PubMed - indexed for MEDLINE]

11: [Basford JR.](#)

[Related Articles, Links](#)



Weightlifting, weight training and injuries.
Orthopedics. 1985 Aug;8(8):1051-6. Review.
PMID: 3913955 [PubMed - indexed for MEDLINE]

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□ 1: [Clin Sports Med](#). 2000 Oct;19(4):593-619.

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Strength training for children and adolescents.

Faigenbaum AD.

Department of Human Performance and Fitness, University of Massachusetts, Boston, USA avery.faigenbaum@umb.edu

The potential benefits of youth strength training extend beyond an increase in muscular strength and may include favorable changes in selected health- and fitness-related measures. If appropriate training guidelines are followed, regular participation in a youth strength-training program has the potential to increase bone mineral density, improve motor performance skills, enhance sports performance, and better prepare our young athletes for the demands of practice and competition. Despite earlier concerns regarding the safety and efficacy of youth strength training, current public health objectives now aim to increase the number of boys and girls age 6 and older who regularly participate in physical activities that enhance and maintain muscular fitness. Parents, teachers, coaches, and healthcare providers should realize that youth strength training is a specialized method of conditioning that can offer enormous benefit but at the same time can result in serious injury if established guidelines are not followed. With qualified instruction, competent supervision, and an appropriate progression of the volume and intensity of training, children and adolescents cannot only learn advanced strength training exercises but can feel good about their performances, and have fun. Additional clinical trials involving children and adolescents are needed to further explore the acute and chronic effects of strength training on a variety of anatomical, physiological, and psychological parameters.

Publication Types:

- [Review](#)

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The screenshot shows a PubMed search interface. At the top, there are navigation tabs for 'All Databases', 'PubMed', 'Nucleotide', 'Protein', 'Genome', 'Structure', 'OMIM', 'PMC', 'Journals', and 'Books'. A search bar contains 'PubMed' and 'for' followed by an empty input field and 'Go' and 'Clear' buttons. Below the search bar are buttons for 'Limits', 'Preview/Index', 'History', 'Clipboard', and 'Details'. A yellow highlight indicates the search criteria: 'Limits: Publication Date from 1990 to 2006, Practice Guideline, Humans'. The 'Display' dropdown is set to 'Abstract', 'Show' is '20', and 'Sort by' is set to 'Relevance'. A summary bar shows 'All: 235' and 'Review: 76'. The main content area shows 'Items 1 - 20 of 76' and a list of search results. The first result is '1: Clin Sports Med. 2000 Oct;19(4):59'. The article title is 'Strength training for children' by 'Faigenbaum AD.'. The author's affiliation is 'Department of Human Performance'. The abstract text is partially visible: 'The potential benefits of youth strength training for selected health- and fitness-related... training program has the potential to... and better prepare our young athletes... include favorable changes in participation in a youth strength-training program to enhance sports performance, despite current concerns regarding the safety and efficacy of youth strength training, current public health objectives now aim to increase the number of boys and girls age 6 and older who regularly participate in physical activities that enhance and maintain muscular fitness. Parents, teachers, coaches, and healthcare providers should realize that youth strength training is a specialized method of conditioning that can offer numerous benefits but at the...'. A 'File Download' dialog box is overlaid on the page, asking 'Do you want to open or save this file?'. The file name is 'pubmed-result.txt', the type is 'Text Document', and it is from 'eutils.ncbi.nlm.nih.gov'. There are 'Open', 'Save', and 'Cancel' buttons. A security warning at the bottom of the dialog box states: 'While files from the Internet can be useful, some files can potentially harm your computer. If you do not trust the source, do not open or save this file. What's the risk?'. The page number 'Page 1 of 4' and 'Next' link are visible at the top right of the results area.

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